

# Who's in Charge Here, Anyway?

## The Delicate Balance of Boundaries with the Gifted

with Dr. Dan Peters & Lisa Van Gemert

### Setting boundaries:

- Evaluate your motives.
- Boundaries will shift as the child matures.
- Let them plan their own time.
- What are your goals for the boundaries?
- Parents should also teach and allow kids to set their own boundaries, too.

### Perspective:

- Parents and kids may have different perspectives.
- Happy families have only a few rules, stated broadly.
- Every rule should tie back clearly to a pre-discussed basis.
- Allow negotiation and compromise, but not argument.
- Contract boundary changes.

### Gifted-specific:

- Just as the gifted have asynchronous development, they will have asynchrony in the setting of boundaries as well.
- Siblings may need different boundaries.
- Role of pre-frontal cortex.

### Idea: Good fences make good parents, so pick your fence carefully

- Use least strict fence that is appropriate.
- Prison-like
- Privacy
- Chain link fence
- Ranch-like fences
- Pickets
- Build the same fence
- Keep the fence repaired

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